FROM THE PRINCIPAL

To the Graduating Class of 2009.

Mr Wayne Bull
Principal

Many of you would no doubt be aware that the ancient Romans, who lived over two thousand years, worshipped many Gods. One of these Gods was Janus who for the Romans was the god of new beginnings. He was represented as having two faces, one looking forward and the other looking backward. The month of January is also named after Janus marking the start of a new year.

In many ways our Year 12 students are very much like Janus. Today marks your last day of formal secondary education. I'm sure that today you will, like Janus, be looking back - looking back at your many memories of the last 5 years at La Salle - your first assembly with Mr Elloy, the Year 8 Camp, the Year 10 Dinner Dance, our STOMPS, athletics and swimming carnivals, Mission Aid Days, the Year 11 and 12 retreats. These events will all evoke special memories, memories of people who have become very special to you. However, these are now only memories. From today you will need, like Janus, to look forward. For many of you the TEE looms, the excitement of Leavers, the Graduation Ball, starting TAFE or University. It is my hope and prayer that the education and experiences that you have been provided with during your time at La Salle has prepared you to look forward, like Janus, with confidence and optimism.

It is traditional for a principal at a final assembly for the graduating class to provide some words of wisdom.

My advice to you today is that you make sure that you continue your lifelong learning journey.

As Albert Einstein, perhaps the greatest genius of the 20th century commented: "Learn from yesterday, live for today and hope for tomorrow. The important thing is to never stop questioning."

I encourage you to count everything as a learning experience. Learn from your failures. Learn from your successes. When you run into hard times, and you will, ask yourself "what is this situation or setback able to teach me?" The lessons that you can will not always be happy ones but just like waves at the beach, they keep coming. We learn from our friends, we learn from our teachers, we learn from our families. We also learn:

- by accepting the commitments of life
- by playing the role that life hands us, not necessarily the roles we would have chosen
- by growing older
- by being disappointed
- by accepting the things we can’t change
- and by taking appropriate risks

You learn from experience that most people are neither for you nor against you, they are usually thinking of themselves. You learn that no matter how hard you strive to please, there are some people in this world who are not going to like you, a lesson that is, at first, quite troubling, and then quite relaxing.

There is an old Swedish proverb which translates into something like this:

Fear less, hope more,
Eat less, chew more,
Complain less, breathe more,
Talk less, say more,
Hate less, love more
... And all good things will be yours.

Today you will leave this your final school assembly with only one thing that no one else in the whole world has. There will be thousands of people out there who will have the same qualifications as you BUT you will be the only person in the whole world who has sole custody and control of your life - your particular life, your entire life. All of you want to do well, but if you don't do good things for others then doing well will never be enough.

I'm sure that at the moment you are experiencing many mixed emotions - excitement, sadness, confusion, a sense of freedom. The reality of this moment is that you will never again come together again as Year 12s. You will never again attend a full school assembly at La Salle. Enjoy and remember this moment.

As I mentioned, today marks the end of your secondary education. It is a special day for you and your family. It is also a day for you to remember the contributions and efforts of all of your teachers. Not just teachers who have guided you through this year, but every teacher who has taught you since you started your education in pre-primary.

So finally, on behalf of the students and staff of La Salle College I wish every one of you every happiness and success for the future. May God continue to bless you in whatever you choose to do.

Mr Wayne Bull
Principal
FROM THE SENIOR LEADERSHIP

YEAR 11 SEMESTER 2 EXAMS - Wednesday 11 November to Friday 20 November 2009

A copy of the Year 11 Semester 2 Exam Timetable is located on our website www.lasalle.wa.edu.au under News & Events. All Year 11 students have been issued with a personalised timetable for the upcoming exams.

Students should be working hard preparing for their examinations. It is a most stressful time, but good preparation does reduce examination anxieties. The following resources may be useful:

- Course syllabus - ensure that all aspects of the course are studied.
- Past assessments - provide guidance on the style/type of questions.
- A comprehensive set of study notes that are developed and refined to become the main source of information when revising.

Students are not required to come to school when not sitting an examination. School uniform is to be worn at all times when at school, even when not in examinations.

I wish students success with these exams and hope their efforts are rewarded by achieving the best result possible.

Mr Rino Randazzo
Vice Principal

PRESENTATION EVENING 7:00 pm - Sunday 29 November - Perth Convention Exhibition Centre

Preparations are currently in progress for the highlight of the College calendar - our annual Presentation Evening. Please remember that our Presentation Evening is a compulsory event for all students while all parents and other family members are encouraged to attend.

The evening will be a showcase of the wonderful talent of our students along with an opportunity to acknowledge those students whose achievements during the year have been outstanding. The evening will also include the official commissioning of Brigid House and the first public performance of our new College song. The music for the new song was composed by former student Anthony Fenner and the lyrics were written by Natalie Calleja.

Year 8 students will be performing a special item as a preview to our 2010 College Production. Our winning entry ‘Jungle Fever’ by our De La Dancers from the Catholic Performing Arts Festival and the winning Inter House Dance item ‘Phobia Phunk - Face Your Fears’ by McCormack House will both be featured.

The previous two events have been a sellout and ticket order forms have already been mailed to all Year 12 parents who will receive priority seating given the special Year 12 focus which will be a centre piece of the evening. Ticket order forms for Year 8 - 11 parents are currently being mailed and parents are requested to return order forms promptly.

Presentation Evening Rehearsals

On Friday 27 November, all Year 8 students, Year 9 - 11 award winners, 2010 SRC and performers for Presentation Evening will need to be in attendance for their nominated rehearsals at the College. Other students in Year 9 to 11 do not need to attend formal classes on this day; however, the College is happy to provide supervision on this day, if required. Parents requiring the College to provide supervision on Friday 27 November are asked to phone the College Office by Wednesday 25 November.

On Sunday 29 November, all students involved in our Presentation Evening including Year 12s will be required at a full rehearsal at the Perth Convention Exhibition Centre during the day. A bus service to these rehearsals for Years 8 - 11 students will be available to students who book a place on the bus. In the coming weeks, all Year 8 - 11 students involved in rehearsals will receive a letter detailing rehearsal times and procedures for booking a seat on the bus. All Year 12 students are expected to arrive for the final rehearsal at the Perth Convention Centre at 1:15 pm on Sunday 29 November.

Mr Michael Pepper
Assistant Principal

CHANGES FOR THE TERM 4 CALENDAR

ALL SOULS’ MASS (whole school)

Mass will be celebrated on Monday 2 November (actual feast day) not Tuesday 3 November as per the Calendar in the Student Organiser. Students will walk to St Brigid’s Church.

Year 8 & 9: Periods 3 & 4
Year 10 & 11: Periods 5 & 6

Parents are welcome to attend either Mass.

YEAR 7 2010 PARENT INFORMATION EVENING

A suitable venue to hold this event on Tuesday 24 November (as per the Calendar) could not be secured. As a result this event will now occur on Wednesday 4 November at 7:00 pm. Venue: Swan Park Theatre, Gray Drive, Midvale.

YEAR 8, 9 & 10 CHRISTMAS MASS

The end of year Christmas Mass will be celebrated on Tuesday 15 December.

RELIGIOUS EDUCATION ROUND UP - TERM 4 TOPICS

Year 8 - Growing in the image of God

Students in Year 8 are becoming aware of early questions of the human heart related to identity and self-understanding: ‘Who am I?’ ‘What is the meaning of my life?’ ‘What is the meaning of the changes I am experiencing?’ and ‘What do the physical changes I am experiencing mean?’

The ways these questions are formulated in the early teens follow from the degree of their self-awareness. This unit presents the following content:

- God’s original purpose for the human body
- Accepting and appreciating one’s body
- Jesus taught the purpose of the body
- The body becomes the temple of the Holy Spirit
- The baptised person’s body is strengthened by the graces of the Holy Spirit
- Advent: a time of special prayer.

2.
Year 9 - **Christian Love and Sexuality**

Students study the concept of the human body as the 'language' of the human person. The body is meant to express the inner goodness of a person in verbal and non-verbal ways. Commonly held contemporary attitudes equate sexuality and sex.

In Australian society, many people hold confusing ideas about human sexuality, such as:

- Expectations that people should freely follow their sexual feelings
- That once a relationship reaches a certain 'level', sex should be expected
- There is something unnatural about a person never having sex
- Chastity requires the 'repression' of sexual feelings.

These ideas and many like them that are conveyed in the media are neither healthy nor life-giving. In this unit students will gain an understanding of Christian sexuality, i.e. a healthy sexuality functions as God created human sexuality to function.

Year 10 - **Restoring God's Justice in the World**

This unit begins with recognising that God created in humans a concern for justice and that adolescents have a strongly developed sense of justice.

It outlines how Jesus came to offer people the power to restore God's original justice in the world and the importance of social justice in the mission of the Church.

Year 11 - **People & Religion (1B)**

The unit explores the relationship between people and religion. It considers the solutions or responses offered by religion to problems that exist in society be these moral, ethical or social issues. The unit explores important issues that all people experience in their lives. It seeks to describe these experiences and their causes and assess how religion addresses these issues. Students research and analyse how religions express a concern for justice and social justice in the world.

Please feel free to contact me if you have any questions or comments regarding the Religious Education programme at La Salle College.

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**Ms Lindy Reger**
ICT Coordinator

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**COMMITMENT TO EXCELLENCE**

**CONGRATULATIONS TO STEPHANIE DAVIS!**

Congratulations to Stephanie Davis for her recent achievement at the Helena College Music Festival where she was awarded a Certificate of Outstanding Performance. The Festival is held annually in September and musicians from across Perth participate on all instruments and levels. Stephanie has only been playing the violin for a few years and this is a fantastic achievement. Well Done Steph!

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**Ms Lindy Reger**
ICT Coordinator
The academic library continues to be open late this term on Monday until 7:00 pm as well as Tuesday and Wednesdays until 8:00 pm. This is an excellent opportunity for ALL students (not just the Year 10 Daedalus and Year 11 Prometheus Club members) to utilise the library facilities for homework and study. However the following reminders are to be noted:

- No student must leave the school grounds between school finishing and going to the library.
- Once in the library no student should be leaving unless signing out for a valid reason (toilet or going home).
- Students are to make sure they have enough homework/study to complete during the time.
- Remember that although collaborative study is an excellent technique, noise should be kept to a minimum.

**TEE STUDENTS**

TEE students should be using the past TEE papers available to them as part of their study routine (see library). Of course their teachers are available between now and the TEE for any problems and questions they might be having.

**AFTER SCHOOL & LUNCH TIME SESSIONS - ALL STUDENTS**

ALL students are encouraged to attend any of the sessions below in order to get extra help (of course all students can approach their individual class teachers who will be more than willing to help).

The following staff, regularly run sessions. I encourage students to speak to the staff member involved prior to showing up and ensure they attend with any problems/questions that they may be having trouble with their homework or study. These sessions are not simply a “magic cure” and students are asked to be proactive in using them.

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Subject</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Ms Taylor</td>
<td>English</td>
<td>Monday</td>
<td>3:15-4:30 pm</td>
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<td>Ms Mohen</td>
<td>SE</td>
<td>Monday</td>
<td>3:15-4:30 pm</td>
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<td>Mr Angove</td>
<td>Maths</td>
<td>Tuesday</td>
<td>4:00-4:30 pm</td>
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<td>Mr Williams</td>
<td>Physics</td>
<td>Tuesday</td>
<td>3:30-4:30 pm</td>
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<tr>
<td>Ms Aurisch</td>
<td>Art</td>
<td>Tuesday</td>
<td>3:15-4:00 pm</td>
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<tr>
<td>Mr White</td>
<td>Human Biological Science</td>
<td>Tuesday</td>
<td>Lunch</td>
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<td>Ms Keenan</td>
<td>History</td>
<td>Wednesday</td>
<td>Lunch</td>
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<td>Mr Morris</td>
<td>Society Environment</td>
<td>Wednesday</td>
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<td>Mr Fitzpatrick</td>
<td>Geography</td>
<td>Wednesday</td>
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<tr>
<td>Mr Dawson</td>
<td>12CSC, 10CSE, 09FT, 08FT Maths</td>
<td>Wednesday</td>
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<tr>
<td>Ms Hyland</td>
<td>Art</td>
<td>Wednesday</td>
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<td>Ms Reger</td>
<td>Applied Information Technology</td>
<td>Thursday</td>
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<td>Mr Vella</td>
<td>Mathematics</td>
<td>Thursday</td>
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<tr>
<td>Ms Johnson</td>
<td>English and English Literature</td>
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**KINETIC EDUCATION MATHS & ENGLISH ONLINE TUITION**

Your child would have received a letter this week regarding Kinetic Education - an online multimedia education programme that assists students with Maths and English. Spare copies of the brochure and letter are available from the front office. Should you wish to have a free home demonstration of the programme, please return the reply slip to me and I will forward it onto the company. For further details please see their website: [www.kineticeducation.com.au](http://www.kineticeducation.com.au)

Ms Taryn Mohen
Academic Excellence Coordinator
ALL

PARENTS & STUDENTS

ASSISTANCE REQUIRED IN MOVING THE UNIFORM SHOP STOCK
Anyone who is able to assist in moving the stock from the temporary uniform shop to the new Senior Learning Centre on Saturday 31 October from 8:30 am until approximately 1:00 pm should contact me at the College by phone or email lbs@lasalle.wa.edu.au. Any assistance will be greatly appreciated.

Ms Leeanne Bates
Business Manager

A BLAST FROM OUTER SPACE
Students in Stage 3 Applied Information Technology entered the 2009 Scitech Animation Film Competition as part of their practical project task in Term Three. Entries addressed a space theme in recognition of the International Year of Astronomy. Jacob Green and Nicholas Tilbury achieved success with their Flash-based animation, Mars Exploration, winning the Year 12 explanatory category of the competition. Finalists from Years 4–12 attended a showcase of their work at Scitech’s Horizon - the Planetarium last term. Jacob Green and Nicholas Tilbury are to be congratulated for their outstanding efforts, and the school received a web-cam as part of their prize package.

Ms Lindy Reger
Applied Information Technology Teacher

STUDENT EXCHANGE INFORMATION
• Interested in going overseas on exchange? Education First’s (EF) next free Information Evening is on Tuesday 17 November from 7:30 - 9:00 pm at the EF Language School at 365 Beaufort Street in Highgate. For more information call 1800 251 866 or visit www.ef.com/highschool
• South Cross Cultural Exchange (SCCE) - new exchange opportunities for WA students. Information session on Monday 26 October at 7:30 pm at Goodearth Hotel, 195 Adelaide Terrace, Perth. Come and meet returned students and their parents and the staff of SCCE. Learn all about the best time to go, selection procedure, which country suits, programme length choice, host family selection, fees, schooling and results!

Ms Lindy Reger
ICT Coordinator

Ms Leeanne Bates
Business Manager

Ms Maria Bochrinis
Uniform Shop Manager

UNIFORM SHOP
The Uniform Shop will be moving to the Senior Learning Centre building at the end of this month. The last open day at our current premises (behind Auditorium) will be Wednesday 28 October (7:30 am - 1:30 pm).

Please note that the first open day in the new shop will be Wednesday 4 November (7:30 am - 1:30 pm) and after that on Mondays and Wednesdays (7:30 am - 1:30 pm), unless otherwise notified in the Delagram.

The entrance to the new Uniform Shop will be via the front of the College near the swimming pool area.

Ms Maria Bochrinis
Uniform Shop Manager

Ms Lindy Reger
Uniform Shop Manager
SENIOR TOUCHING HEARTS PROJECT

The Senior Touching Hearts project has begun for those students who will be in Year 11 in 2010. The programme concludes on 30 July 2010. It is a requirement for all students at La Salle to be involved in the Touching Hearts programme which is about serving the community and helping the needy just as our founder St John Baptist de La Salle did. This programme is a great opportunity for students at La Salle to get involved and help out in the local community.

Students in Year 11 will be given the opportunity to complete their hours at school based activities through the Lasallian Student Leaders programme and the Shopfront Homeless shelter activity.

The Lasallian Student Leaders (LSLs) will have a responsibility to help out during the Year 7 induction phase as well as running the Year 7 Reflection Days in 2010. They will be trained to do this. If you need any further information please call me or visit www.volunteerwa.org.au

Mr Darren Perrett
Christian Service-Learning Coordinator

CAMBODIA TRIP STATIONERY APPEAL

As you have all probably heard, I travelled to Cambodia during the last school holidays. I stayed in a village about a one hour drive from the capital of Phnom Penh called Kampong Speu. This trip was not a holiday for me as I was to assist in teaching English to the students in one of the several schools. The village was located just off the highway, which was actual bitumen (to my surprise), and had two schools close to the road.

The school I taught in was where I stayed as well. I had three classes, the smallest had two students and the biggest, had thirty two. With the big class, I had an English translator as everyone spoke Khmer, the native tongue. It was very hard at times with the two small classes as the students did not know much English at all.

In pretty much all of the classes I taught basic things like colours, animals and numbers. All of the students in the school were very cute, and they certainly knew that! Some of them were determined to learn and sat perfectly still, giving their full attention to me. Everyone rides to and from school by bike and they all seem to enjoy it.

The kind donations of stationery were distributed with care to the school across the road from where I was. We first presented it to the principal who was very appreciative of ‘Australia’s giving’. We then went into one of the classrooms and gave each student several items. A lot of the students had huge smiles on their faces. This was so nice but it made me sad to see that it takes someone to come from another country to make them all feel special. It felt good to know however, that we had made their day. It did make me feel very privileged with everything we have here in Australia.

Thank you to everyone who supported me in the collection of stationery. Both the students and their teachers enjoyed it so much. From where we have so much, we gave a little and they all felt so special. It is really amazing. Thanks again to everyone for their support.

Cassandra Enkel
Year 9 student

“There nothing you do for children is ever wasted.”
Garrison Keillor
This term sees the culmination of the MS Readathon Competition with La Salle College raising $593.20 to support people living with Multiple Sclerosis (MS). This is an excellent effort considering it is only our second year in the competition and it is triple the total raised by the students last year. The College also received a package of books for our school library, which will be on display over the coming weeks.

The students will also be attending the awards ceremony for the Write-A-Book-In-A-Day Competition at Princess Margaret Hospital on Tuesday 27 October. The awards for 2009 are as yet to be announced, so we remain hopeful, but pleased to have successfully completed the book on our first attempt at the competition. The students are particularly looking forward to presenting their book, entitled “Coming Home” to the patients at Princess Margaret Hospital.

The students raised $133 from the sale of their book, which was used to purchase coloured paint, paint brushes, chalk, crayons and paper for Cassandra Enkel to take with her on her trip to Cambodia. The students would like to thank Mr Bull for his ongoing support with this project and Ms Langdon for the organisation of the publishing of the books. If you wish to purchase a copy of the book, there are limited copies still available from me in the English office.

Our theme for this term is 'Reading Circles'. Students all read the same book in a fortnightly period then come together to discuss their opinions, interpretations and experiences from the text. We meet Tuesday lunch times in the Reading Room (enter through B13). All new members welcome!

Ms Orietta Stokes
English Teacher

The Sail Training Ship Young Endeavour will host an Open Day for the community this Saturday 24 October to meet the youth crew and find out how to get on board. This free event will be held from 1:00 pm - 4:00 pm alongside B Berth, Victoria Quay in Fremantle.

Since 1988 the Young Endeavour Youth Scheme, in partnership with the Australian Government and the Royal Australian Navy, has provided challenging training voyages for over 11 000 youth in the Royal Australian Navy, has provided challenging training voyages for over 11 000 youth in Sail Training Ship Young Endeavour. These voyages provide young Australians with a unique, challenging and inspirational experience that increases self awareness, develops teamwork and leadership skills and creates a strong sense of community responsibility.

Voyages in Young Endeavour are open to all Australians aged 15-23. Applications for voyages during 2010 are available through our website. For more information please visit www.youngendeavour.gov.au.

Week 1 of Term 4 was a busy return to school with the 4 abseil excursions to Boya Quarry in Greenmount. Each Year 10 Outdoor Education class had a day in the quarry to practise and master their rope and abseil skills learnt in class over the past 10 weeks. The quarry excursion was in preparation for their up and coming camp in Week 3 to Bluff Knoll and the Albany Region.

It was a challenging day for the students who were put through their paces of dispatching themselves over the cliff, practising their lock offs and hiking back up the hills to go again. Fortunately we had beautiful weather which enabled each class to attempt all 4 abseils at varying heights. The students showed great courage and determination when having to face the challenges of the day.

A special thanks to Mr Devin Martin and Mr Mike O'Donohoe for their excellent teaching and preparation of the students for the excursion and for the staff who assisted in supervising the day.

It was a great week of abseiling and an experience that the students will have forever. We look forward to our camp in Week 3 which will culminate new skills learnt and a year of hard work.

Ms Jaimee Dawson
Learning Area Coordinator - Physical Education & Health
Our talented team of athletes capped a wonderful sporting year for the College with a dominant victory at the ACC Athletics Carnival last term. In perfect conditions at the new State Athletics Centre in Mt Claremont, the La Salle team began well in early 1500m and hurdles events and was never headed. Some excellent relay performances late in the programme confirmed the victory and we went within a whisker of sweeping the trophies on offer with several shields presented to team captains Eden Ranelli and Ben Laycock at the presentation ceremony. Results can be viewed on the ACC website at www.accsport.asn.au by following the carnival links.

Final Tallies:

**Overall Aggregate Shield**

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<th>College</th>
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<td>John Paul College</td>
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<td>Carey Baptist College</td>
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<td>Servite College</td>
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<td>All Saints College</td>
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<tr>
<td>Aranmore College</td>
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<tr>
<td>St Stephen's School</td>
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<td>Mandurah Catholic College</td>
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**Age Shields**

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<th>Company</th>
<th>Points</th>
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<td>Junior Boys 1st</td>
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<tr>
<td>Senior Boys 2nd</td>
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<td>Junior Girls 1st</td>
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<tr>
<td>Overall Girls 1st</td>
<td>Carey Baptist College</td>
<td>1278</td>
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</tbody>
</table>

Many thanks to the staff from the PE learning area who gave so much of their time for a number of weeks to assist with the preparation of our team. Mr O'Donohoe, Mr Sackett, Ms Sewell, Ms Dawson, Mr Martin, Mr Lombardi and Ms Ranelli who all took on coaching roles. They go beyond what is necessary to help our students and their support is greatly appreciated. We were again fortunate to have Mr Terry Palmer on board as a coach. Terry is a former parent with a strong athletics background and we are so lucky to have him. Former staff member Mr Michael Ng also assisted and many students benefitted from his throws coaching. Please see over the page for a list of outstanding performances.

**CONGRATULATIONS MR LOMBARDI!**

Well done to Mr Lombardi on his recent appointment as a football development coach with the State 18s Academy and WA Football Commission. Mr Lombardi will work primarily with players on the fringes of the touring squad to assist their development and he is looking forward to working with these talented young players. We wish him well with this fantastic opportunity.

**ANOTHER LAYCOCK UMPIRING MILESTONE!**

Congratulations to past student Matthew Laycock who was selected to umpire the recent WAFL league grand final between South Fremantle and Subiaco. This is another step towards the AFL for Matthew which has included officiating at the top level in this state and also at under age national carnivals. Matthew is the eldest of three talented brothers (with Jonathon and current sports captain Ben) at the forefront of umpiring in WA and we look forward to the day when all three officiate in the AFL!

*Mr Ben Dyer*
Sport Coordinator
The stars!!

(Plenty who could be mentioned but we'll go with this - apologies to any missed!)

**Ashlee Redmond**
Solid weeks of training showed with two superb runs in the 800m and 1500m events.

**Nicole Lendich**
Enjoyed an outstanding carnival with wins in the hurdles and high jump and 2nds in the long jump and 100m.

**Gabrielle Neale**
Tough competitor who tackled five events and was consistent in all. Great run in the hurdles.

**Emma Thomson**
Another to reap the rewards of practice with a great result in the javelin.

**Christopher Firns**
Also competed in five events and gave his all against good opposition. His early run in the hurdles was impressive.

**Zac Partington**
One of our best trainers who makes up for his lack of size with tremendous heart. Great runs in the 800 and 1500m events.

**Matthew Brophy**
A nice day's work from our best thrower with wins in the Year 8 javelin and discus.

**Alex Camillo**
Surprised himself with a great run to win the hurdles early and then did the same in the long jump.

**James Cam**
Backed up last year's carnival with another superb effort in taking out the javelin and discus and placing in the shot put.

**Tahlia McDiarmid**
Carried a hip flexor injury into the carnival and showed great determination to push through and perform well.

**Kate Quinlivan**
Typically gutsy runs in the distance events.

**Jed-Pierre Roberts**
A great carnival from a very talented athlete. Tackled five events and won the 400m and long jump in style.

**Mitchell Naughtin**
Shouldered a heavy workload and produced his usual high level. Outstanding in the 800m and javelin.

**Rebecca Doyle**
Followed two great runs in the 800 and 1500m events with an awesome 400m late in the day.

**Alexandra Lintern**
Prepared for the carnival as well as anyone and was our most improved athlete this year. First and second in the distance events was great reward for effort.

**Crystal Ranelli**
Under an injury cloud all term but shrugged it off to give her best across five events.

**Thomas Hargreaves**
Injuries meant a bigger workload and he handled it well.

**Caydin Phillips**
Recovered from injury in time to compete and his effort to step up in some tough track events was testament to his character.

**Sophie Doyle**
Was busy all day with five events and coped with the task easily. Her tough run in the 1500m was one of the more memorable moments of the day.

**Jane O'Reilly**
Again came through when she was needed and again did it while being far from 100%. Great run in the hurdles.

**Kyle Davies**
Competed well in several events against top opposition. Relay run was outstanding.

**Liam Solig**
More solid results in the 800 and 1500m events and will become our number one distance runner next year.

**Liah Morley**
Prepared herself well and didn't disappoint with a great run in the hurdles and a top performance to win the long jump.

**Ben Laycock**
The captain finished his school athletics career in style with solid efforts in the distance events and capped his day by holding the shield aloft.

**Year 8 Girls Relay**
A fantastic effort from the girls and it came after plenty of changeover practice on the front oval. Well done girls!

**Open Boys Relay**
When you have four quick runners you just need to get the baton around safely and the boys did it in style to finish the programme on a high.
ST BRIGID’S CHURCH  MIDLAND  
Fr Joseph Angelo  
Corner Great Eastern Highway and Morrison Road

- Saturday Vigil: 6:30 pm  
- Sunday: 9:30 am and 6:00 pm  
- Children's Mass: 9:30 am (Every second Sunday of the month)  
- Thursday Italian Mass: 9:30 am  
- Reconciliation Saturday: 11:00 am to 12 noon & 5:00 pm to 6:00 pm

ST MICHAEL’S CHURCH  HERNE HILL  
Fr Joseph Angelo  
Great Northern Highway, Herne Hill

- Sunday: 8:00 am  
- Children's Mass: 8:00 am (Every second Sunday of the month)

ST ANTHONY’S CHURCH - GREENMOUNT  
Fr Karol Kulczycki  
96 Innamincka Road

- Saturday: 6:00 pm  
- Sunday: 7:30 am, 9:00 am, 6:00 pm  
- Polish Mass Sunday: 10:30 am  
- Youth Mass: 6:00 pm (First Sunday of the month)  
- Reconciliation Saturday: 10:00 am to 10:30 pm & 5:15 pm to 5:45 pm & any time on request

GIDGEGANNUP COMMUNITY CHURCH  GIDGEGANNUP  
Fr Joseph Angelo  
Toodyay Road

- First Sunday of the month: 9:30 am

GOOD SHEPHERD CHURCH - LOCKRIDGE  
Fr Francis Ly  
Corner Morley Drive and Altone Road

- Saturday Vigil: 6:30 pm  
- Sunday: 8:00 am & 9:30 am  
- Reconciliation Saturday: 8:30 to 9:00 am & 5:00 pm to 6:00 pm

SACRED HEART CHURCH - MUNDARING  
18 Coolgardie Street

- Saturday Vigil: 6:00 pm  
- Sunday: 9:15 am

OUR LADY OF GOOD COUNSEL  CHIDLOW  
Wilcox Street & Northam Road

- Sunday: 7:30 am

ST JOSEPH’S CHURCH - BASSENDEAN  
Fr Jim Sheldon  
19 Hamilton Street

- Saturday Vigil: 6:30 pm  
- Sunday: 7:00 am & 9:00 am

ST FRANCIS OF ASSISI CHURCH  MAIDA VALE  
Fr Stephen Durkin  
Corner of Hawtin & Lilian Roads

- Saturday Vigil: 6:30 pm  
- Sunday: 8:00 am, 9:30 am & 6:00 pm

HOLY FAMILY CHURCH  KALAMUNDA  
Fr Paul Raj  
2 Burt Street

- Saturday Vigil: 6:30 pm  
- Sunday: 7:30 am & 9:00 am (Children's Mass)  
- Reconciliation Saturday: 5:45 to 6:15 pm  
- Italian Mass: 11:00 am (Last Sunday of the month)
Canteen volunteers are asked to please wear enclosed shoes for occupational health & safety reasons.

Thank you.

CALENDAR & CANTEEN ROSTER

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<td>YEAR 10 VET EXCURSION</td>
<td>YEAR 8 &amp; 11 ASSEMBLIES</td>
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COMMUNITY NEWS

ST COLUMBA’S PRIMARY SCHOOL BAYSWARD FETE
Sunday 25 October - 10:30 am - 2:30 pm at 32 Roberts Street, Bayswater.
Come along for a fun day filled with an amazing array of activities, rides, games, prizes, art/craft, face painting, spooky room, display stalls, lucky jars, fairy room, junior Kids Karnival, live performances & music on stage, gigantic raffles, food & drink galore! Visit www.saintcolumbas.com.au or phone the school on 9271 7181 for more information.

ST MARY’S/CBC LEEDERVILLE 30 YEAR REUNION
Year 10: 1977 Year 12: 1979
When: Saturday 28 November at 7:00 pm to closing at the Brisbane Hotel, 292 Beaufort Street. RSVP email: dcooperestra@easix.com.au or 0418 948 587 or grazia.stewart@gmail.com

GOVERNOR STIRLING SHS 50™ ANNIVERSARY CELEBRATION
Former students and staff are invited to the 50™ Anniversary Golden Jubilee Celebration to be held on Wednesday 28 October at GSSHS. Celebratory activities from 1:00 pm - 10:00 pm. For further information, contact the school on 6274 0300.

LEE OLIVER’S TENNIS COACHING
Tennis lessons for children age 4 - 16, all abilities welcome. Saturday mornings at Darlington and Friday afternoons at Helena Valley. Heaps of fun and great tennis! Adult tennis lessons on Tuesday evenings - 4 week course, started 20 October. For more information, contact Lee or Luon 9 252 0209 or email lolivers@bigpond.com

NUTS & BOLTS WORKSHOPS FOR DADS
For men who want to build stronger relationships with their children visit Relationships Australia at 27 The Crescent, Midland on Tuesday evenings between 6:30 pm - 8:30 pm on 3, 10, 17 & 24 November. Cost $40 for the 4 sessions. To book, phone 9489 6322.

BILGOMAN AQUATIC CENTRE
The Bilgoman Aquatic Centre opens on Saturday 31 October at 7:00 am. Opening times are weekdays from 5:30 am to 7:30 pm (Nov) and weekends and public holidays 7:30 am - 8:00 pm. Pool contact number: 9299 6597. Swim school lessons and squad enrolments Saturday 24 October between 9:00-11:00 am. For more information phone 9299 7954.