

# D LA SALLE COLLEGE elagram

Fortnightly newsletter



St John Baptist de La Salle

25 November 2011  
Delagram 18



## FROM THE PRINCIPAL

*Ms Debra Sayce*



### IN THIS ISSUE

- 2 From the Senior Leadership Team  
Act Belong Commit & Keep Mentally Healthy
- 3/4 From The Chaplain  
All Parents & Students Click On
- 5 Student Representative Council News  
Careers  
Commitment To Excellence
- 6 Sport
- 7 Local Parish Information
- 8 Calendar & Canteen Roster -  
Week 7 & 8  
Community News

Last week, La Salle College was awarded the Archbishop's Spirit Award in recognition of the College's support to the LifeLink Day initiative. The Award, presented to a Catholic school by His Grace, Barry Hickey, Archbishop of Perth, acknowledges the educative and fundraising focus on the Christian imperative of caring for those who are less fortunate in our community. With the celebration of Christ the King last weekend, which declares clearly the significance of the insignificant, we are reminded of how each one of us are called to consider the place we give to people who are marginalised, poor and unwanted. This Award is a wonderful recognition of our Lasallian focus on 'caring for the least, lost and the last'. In receiving the Award, we presented His Grace with a donation to his Archbishop's Christmas Appeal for LifeLink. The College's final outreach focus is now on the Pastoral Care Group St Vincent de Paul Christmas hamper. As we now prepare for Christmas, I encourage our College community to donate generously to the hampers and so bringing smiles and full stomachs to those who are in need of our support.

Thank you to all of our Year 9 students who participated very well in the recent Reflection Days and Outdoor Education camp. These Reflection Days are essential part of the spiritual formation of our students. In the busy lives of our young people, reflection days are important times to stop, reflect on their relationship with God and with others. The Outdoor Education camp culminates the learning of outdoor educational pursuits. The students are to be commended on their excellent conduct over the days. The groups were very cooperative, engaged and enthusiastic. Thank you to the staff who so willingly gave of their time and talents to attend these important activities.

As the academic year comes to a rapid close, our students are busy studying for their exams and completing their final assessments. Our staff are not only marking these important assessment tasks and working on reports, they are also in the planning phase for 2012. To support your children and the staff, I ask all our parents and guardians to ensure that the students are attending to all tasks in a timely manner. With good rest, healthy diets, supported work habits and encouragement, students will be well prepared for this busy time.

Important date's parents and guardians need to attend to are:

- Year 7 - 9 Exams, 28 November – 1 December
- **College Presentation Night, Sunday 4 December (compulsory attendance by all students)**
- Year 12 Graduation Ball, Tuesday 6 December
- Carols by Candlelight, Friday 9 December
- Final day for Years 7 - 10, Wednesday 14 December
- Second-hand book sale and new book sale, **Thursday 15 December**

Finally, on Sunday 27 November, we begin Advent. In the Catholic Church, Advent is a period of preparation, extending over four Sundays, before Christmas. The word Advent comes from the Latin *advenio*, "to come to". This term refers to the coming of Christ. It is the celebration of Christ's birth at Christmas. As a Lasallian community let us all prepare for this sacred time and focus on the true meaning of Christmas rather than the secular, media saturated focus of materialism.

St John Baptist de La Salle  
Pray for us  
Live Jesus in our hearts  
Forever

Ms Debra Sayce  
Principal



5 La Salle Avenue  
MIDDLE SWAN WA 6056

PO Box 1674  
MIDLAND WA 6936

(08) 9274 6266 ph  
(08) 9274 4085 fax

lasalle@lasalle.wa.edu.au  
www.lasalle.wa.edu.au

## FROM THE SENIOR LEADERSHIP TEAM



Mrs Leeanne Bates  
Business Manager



Mr Richard Williams  
Director of Staff



Ms Shannon Steven  
Counsellor /  
Psychologist

### COLLEGE FEES

Fees are due and payable in full by 1 December unless prior arrangement has been made with the Finance Office. If you are unable to meet this deadline you are asked to please contact the College Finance Office before 1 December.

Mrs Leeanne Bates  
Business Manager

### ACT BELONG COMMIT & KEEP MENTALLY HEALTHY

When we think about mental health, we often think of words and images associated with mental 'ill' health. Mentally Healthy WA aims to re-frame this perception to something more positive: we can all do things to strengthen and promote our own mental well-being and that of others. La Salle College's partnership with **Act-Belong-Commit** aims to promote this healthy message at school. Next year we will be running events and activities to support this message and promote wellness.

Below is some more information and some ideas on how to stay mentally healthy using the A-B-C.

#### How can I become more mentally healthy?

Keeping mentally healthy is just as important as staying physically healthy and it's as easy as A-B-C: **Act-Belong-Commit**.

#### Act

Take a walk, read a book, do a crossword puzzle, dance, say g'day. Being active physically, socially and mentally helps us cope with stresses, build friendships and lift spirits. Make a list of things you enjoy and spend more time doing them!

#### Belong

Join a book club, a sporting team, a walking group or a cooking class. Be more involved in community organisations and attend community events. Hang out with people who share your values and interests.

Belonging helps build friendships, creates opportunities for meaningful participation, strengthens communities and it simply feels good!

#### Commit

Make that extra 'commitment' to a hobby or a good cause. Help out a neighbour or volunteer for a good cause, be a coach or a mentor. Support your community clubs and groups. Try something challenging – learn a new skill. These activities give meaning to life.

Being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health. For more information please see the A.B.C. website <http://www.actbelongcommit.org.au/> and keep your eye on the Delagram for more information!

Act-Belong-Commit.



Ms Shannon Steven  
College Counsellor/Psychologist



### YEAR 7 – 9 EXAMINATIONS SCHEDULE

#### YEAR 7 EXAMINATIONS

Subject	Day	Period
Mathematics	Monday	P3
English	Tuesday	P2
Science	Tuesday	P5
PE	Wednesday	P1
S&E	Thursday	P2
RE	Thursday	P3

#### YEAR 8 EXAMINATIONS

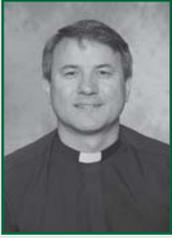
Subject	Day	Period
RE	Monday	P1
English	Monday	P4
Science	Tuesday	P1
S&E	Tuesday	P3
RE	Wednesday	P6
Mathematics	Thursday	P1

#### YEAR 9 EXAMINATIONS

Subject	Date	Period	Room
RE	Monday	1&2	L1-3 & L6-8
S&E	Monday	5&6	L1-3 & L6-8
English	Tuesday	1&2	L1-3 & L6-8
Mathematics	Tuesday	5&6	L1-3 & L6-8
PE	Wednesday	1	L1-3 & L6-8
Science	Thursday	1&2	L1-3 & L6-8

Mr Richard Williams  
Director of Staff

## From The Chaplain



Fr Leonard  
Macionczyk SDS  
College Chaplain

Advent begins the new liturgical year. One could only wonder where this year has gone. As we are faced by the busyness of our daily lives and Christmas shopping I would like to encourage you to find a little bit of time to sit and relax with the following reflection that I have come across. Reflecting upon the meaning of Advent, Bishop of Broken Bay, David L. Walker invites us to rest with the Word of God and find space and the place and the patience to wait and discover anew the meaning of our waiting. Here is what he says:



"As the world becomes less complicated through technological advances, we still find ourselves waiting – waiting for that package to arrive that we ordered online with the record speed; waiting in queue at the supermarket checkout, designed to eliminate the evil of waiting; waiting for the phone to ring; waiting for the great job to come along, or waiting for the elusive perfect relationship. It never ends.

Researchers suggest that the average person will spend 5 years of his or her life waiting in line, 2 years playing telephone tag, and 6 months sitting at red lights – over seven and a half years of waiting, at best doing nothing, or at worst experiencing great aggravation. And, as strange as it sounds, during the Advent season, we discover purpose to our waiting.

Advent is the time when we participate symbolically in the waiting of patriarchs, kings, prophets, and priests, as we await Christ's final and glorious return. Through prayer, Liturgy, Eucharist, and the signs and symbols of Advent, we groan with Isaiah for the day when weapons will be turned into ploughshares. We pray with Adam, Job, Hannah, Solomon, Micah, and millions of others, men and women, named and unnamed, whose expectations of the future kingdom may have been unclear, yet still yearned for something more complete and more "real" than what they knew."

Bishop David continues his reflection by saying, "It is only right that we cry 'Maranatha, Come Lord, Jesus', with St Paul. When the Word became flesh in Christ, the world was sanctified. Human experiences have been sanctified as well and commemorated in our Church Liturgical Year. Yes, as the season of Advent shows, even waiting has become sanctified."

To end his reflection Bishop David writes the following words of encouragement, "As we wait in long queues this Advent season, or as we wait for anything really, it is important that we remember the waiting of those who are expecting the Messiah, and always wait with patience, humility, and expectant hope in a state of prayer". Bishop David says, "I know it is difficult, but especially during the Advent, waiting prayerfully and patiently, in the manner of our Lord and his blessed Mother, is not only a good spiritual discipline, but could also lower our risk of holiday induced blood pressure. It seems like we are all waiting for something, so why not use these experiences to enhance our Advent discipline by prayerfully waiting" for Jesus Christ, the Saviour of the World."

I hope that this reflection and words of wisdom from Bishop David will inspire you as they inspired me. I pray that the coming season of Advent will bring a new beginning and renew our relationship with Jesus, the God who saves. God bless!

Fr Leonard Macionczyk SDS  
College Chaplain



Mrs Maria Bochrinis  
Uniform Shop Manager



Mrs Angela Krsticevic  
Assistant Religious  
Education Coordinator



### UNIFORM SHOP

The Uniform Shop will only be open next week on Monday 28/11 from 7:30 am – 1:30 pm (**closed Wednesday 30/11**).

Open times leading up to Christmas and in the New Year:

#### Last Week Term 4

Mon 12/12, Wed 14/12, Thurs 15/12  
(7:30 am – 1:30 pm)

#### January 2012

Mon 23/1, Tues 24/1, Wed 25/1, Fri 27/1  
(7:30 am – 1:30 pm)

#### First Week Term 1 2012

(7:30 am – 1:30 pm)  
Tues 31/1 & Wed 1/2

Mrs Maria Bochrinis  
Uniform Shop Manager



### YEARS 7 – 9 RELIGIOUS EDUCATION

Years 7 - 9 Religious Education students are busily preparing for the 'business end' of the school year-topic tests and exams! We keep all our students in our prayers that God may give them the guidance and wisdom to persevere through these challenging times. Last Sunday we celebrated the feast day of Christ the King, and the end of Ordinary Time in the Liturgical year, and thus we now prepare for Advent. Advent is the waiting time for the birth of our Saviour, Jesus Christ. The students will keep the Advent theme throughout the remainder of the term in their Religion lessons, in particular, focusing on others in their community who are not as fortunate as they are. Please also keep your St Vincent de Paul Christmas hamper donations coming - your generosity is very much appreciated.

Mrs Angela Krsticevic  
Assistant Religious Education Coordinator



# ALL PARENTS & STUDENTS



Ms Shellie Rodriguez  
Learning Area  
Coordinator - The Arts



Mr Andy Vella  
Integration of ICT  
Across the Curriculum  
Coordinator



**CAROLS BY CANDLELIGHT**  
Just a reminder that the College will hold our inaugural Carols by Candlelight this year on **9 December**. We welcome the broader College community to get involved in what promises to be a fantastic family and Christmas affair. Please see the booking form attached to this Delagram for more information and do not hesitate to contact me directly should you have any questions. Thank you.

Mrs Shellie Rodriguez  
**Learning Area Coordinator – The Arts**

## CLICKON! News

### **The LENOVO ThinkPad X220T**

In a price-deal which, 12 months ago, would have been pie-in-the-sky, La Salle College is able to expand its 1 to 1 Laptop programme in 2012 with the Lenovo ThinkPad X220T. This machine is a Convertible Tablet – meaning it looks and acts like a regular laptop, but the touch-screen can swivel on its hinge and sit flush on the frame, making it a tablet. Students can write on the screen, sweep and touch menus etc.

The 2012 Year 7s will be issued with the X220T in the parent-funded laptop programme, while the Year 9s and 10s will receive one as a result of the Federal Government's Digital Education Revolution scheme.

This device is not a "tablet" in the Android or iPad sense of the word. It is a full-blown computer with i5 processor, Windows 7 and large RAM and Hard Drive. It will be served with the "College Image", through which all our licenced software is installed, including MS Office, Adobe CS5 and others. Our IT staff are working very hard already in the preparation of these machines.

Information and reviews about the X220T are readily searchable on the internet.

Mr Andy Vella  
**Integration of ICT Across the Curriculum  
Coordinator**



Marcus DiGiuseppe is a young man who after graduating from the College this year has launched himself into his own business. At the age of 18 Marcus has taken up the challenge of self-employment. What makes this story even more inspiring is that Marcus has an intellectual disability.

Marcus has come a long way from his first days at La Salle and with the support and dedication of his teachers, aides, family and friends has turned a work experience programme into a fulltime career.

Marcus has established "My Man Marcus" a mail collection and delivery service designed to service businesses in the Midland/Swan area.

Every day Marcus collects mail for local businesses and delivers direct to their office. It not only provides Marcus with an interesting career filled with activity, interaction and purpose but directly increases business productivity.

Marcus loves his job and takes it very seriously. His mother Paula is amazed at the progress Marcus has made over the last few years. "Marcus has gone from being very anxious around people that he doesn't know to being a confident young man. All of his clients look forward to his visits every day because he brings his smile and bright personality to their office."

Marcus is always looking for new clients so if your business would benefit from his services please contact Paula on 0402 075 687 or email My Man Marcus at [info@mymanmarcus.com.au](mailto:info@mymanmarcus.com.au)

### **PLEASE GIVE BLOOD**

**Blood stocks are low this fortnight and we encourage all eligible donors to roll up their sleeves and give blood at their nearest Blood Donor Centre in Midland. Midland Blood Donor Centre is located at Centrepoint Shopping Centre. It is open five days a week including some evenings for after school & work convenience. The need for blood is constant and currently the Blood Service does not have enough. 1 in 3 Australians will need donated blood during their lifetime. Do Something Special. Roll up your sleeves and give blood at the Midland Blood Donor Centre this fortnight. Call 13 14 95 or visit [donateblood.com.au](http://donateblood.com.au) to make an individual or family appointment.**





# STUDENT REPRESENTATIVE COUNCIL NEWS



# CAREERS



Ms Marie Noble  
SRC Coordinator



Mrs Nicole Huggins  
Careers, VET & Onsite  
Coordinator

## **2012 SRC NOMINATIONS**

Thank you to all students who nominated for next year's SRC by taking the time to present speeches in front of their year group and attend interviews – you were all great! We would like to congratulate all successful applicants and know you will have a rewarding time on next year's SRC.

## **FOOTY DRESS UP DAY**

At the end of last term we held a Footy Dress Up Day where students and staff wore hats, scarves and jerseys supporting their favourite football team (AFL, Soccer or Rugby). Students were also able to watch a boys versus girls football match which the girls won – again! On the day staff and students wore free dress with their football paraphernalia. As a result we raised \$1 820 which has been donated to the SVDP Lifelink Appeal. Thank you to everyone for your support of this enjoyable day.

## **KRISPY KREME FUNDRAISER**

We would like to thank all students and staff who supported our Krispy Kreme fundraiser by purchasing boxes of doughnuts. It was very successful and we managed to raise \$1 815. We would especially like to acknowledge Erin Hall, Jasmine Ciapucci and Brady Chandler who supported us by each collecting orders for over 20 dozen Krispy Kremes. We hope you all enjoyed eating them!

## **BANDANNA DAY**

We recently held a "Bandanna Day" to raise funds for CanTeen which supports teenagers living with cancer. Staff and students all looked great with their bandannas on. We raised \$916 which we hope will ease the lives of teenagers who have cancer. Thank you to everyone for your generous support of this worthy cause.

## **NATIONAL YOUNG LEADER'S DAY**

On 14 November 2012 SRC students in Years 7, 8 and 9 attended National Young Leader's Day, held at the Perth Convention and Exhibition Centre. They were treated to incredible speeches by inspiring people such as Dr Fiona Wood – Burns Surgeon, who spoke about her personal achievements and struggles, Dr Gary Hewitt – who started a foundation to tackle the incredible poverty in Cambodia and Liz Davenport – Fashion Designer and supporter of old growth forests - she was able to give the students some fantastic tips on leadership and insight on her success in the fashion industry. The students also had access to lots of information about various universities and charitable groups who help those in need. Students were challenged to make a difference in the world by thinking about the "10 000 Ideas Campaign". It was a very valuable day for all students concerned.

Ms Marie Noble  
**SRC Coordinator**

## **CITY BEACH AUSTRALIA – SCHOOL BASED TRAINEESHIPS**

City Beach Australia is offering school based traineeships in Certificate II Retail for students currently completing Year 10 in 2011. If you are interested in a career in retail, please forward your resume and covering letter via email or hand delivered to Mrs Huggins in the Careers Centre. There are a number of opportunities across the various WA City Beach retail stores.

## **ROOF PLUMBING PRE APPRENTICESHIP**

By completing a roof plumbing pre-apprenticeship you'll be on your way to securing an apprenticeship in the highly paid building and construction industry. Enrol now in Polytechnic West's Certificate II in Roof Plumbing Pre-Apprenticeship. Courses start 20/2 or 23/7 2012. Call 9267 7500 or email [roofplumbing-midland@polytechnic.wa.edu.au](mailto:roofplumbing-midland@polytechnic.wa.edu.au)

## **OFFICE JUNIOR/OUTSIDE CLERK**

Clerical position available at a Real Estate Settlement Agent (Classic Conveyancing) for a well presented office junior. Offering a traineeship in financial services Certificate 4 in conveyancing. Employment is Monday to Friday 8:30 am to 5:00 pm. For more information or to send your resume email [fay@classicconveyancing.com.au](mailto:fay@classicconveyancing.com.au)

Mrs Nicole Huggins  
**Careers, VET & Onsite Coordinator**

# Commitment To Excellence



## **GOOD LUCK JACKSON!**

Good luck to Jackson Davis of Year 10 who is heading off to Melbourne to compete in the National Down Hill Mountain Biking Championships!





Mrs Jaimee Dawson  
Learning Area  
Coordinator- Health &  
Physical Education



**YEAR 9 OUTDOOR EDUCATION CAMP**

On 16 November the College took 63 Year 9 students on the annual Outdoor Education Camp to Ern Haliday Recreation site. The camp is always a highlight for the students who choose the elective Outdoor Education as it culminates all the skills they have learnt and practised in class over the course of the year. The camp began with a great sense of excitement, the students were extremely keen to get to camp to set up their tents and practise their independence by cooking their evening meals.

Day two included a rough ferry ride to Rottnest Island. There were quite a few green faces on the trip over but after finally arriving and having a brief rest to regroup and recover everyone set off to the bike shop to get their wheels to ride around the island. Not the best of weather for snorkelling and riding around the island but everyone was very positive and gave things a go.

The last day saw a change in the weather which was welcomed as again it was another day on the water. Students rotated through 3 activities centred around the Swan River. Students were up early to pack away tents and clean the camp site before heading to the river for their day activities.

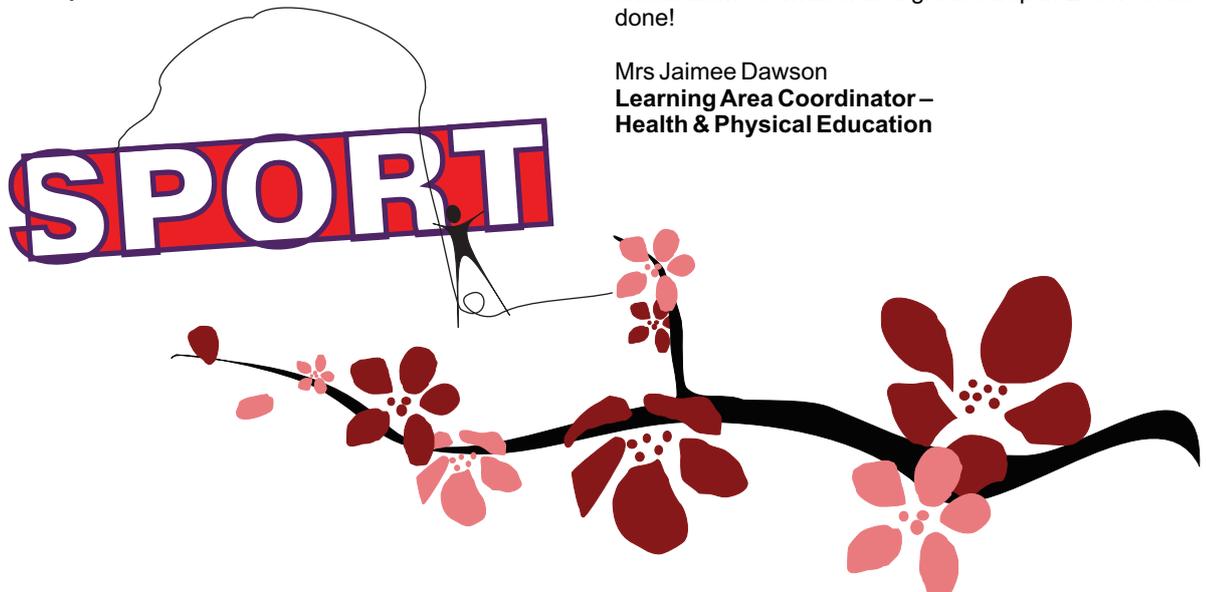
Students had a taste of the amazing race as they completed a rogaining course on the foreshore near Jo Jo's, using their compass skills and navigation they had to lead themselves around the course making sure they went to all the check points.

It was then off to Pelican Point around the corner to try their kayaking skills with the instructors from River Gods. Team work and communication came into play to make sure the kayaks were travelling in the right direction and everyone avoided capsizing a skill some Year 9s are still working on.

To finish the day it was over to South Perth for some sailing with Jack from Fun Cats. The day saw perfect sailing conditions with a slight breeze which allowed the students to casually sail up and down the Swan. It was then back to school to unpack and reunite with our families for the weekend.

Finally I would like to extend a big thank you to all the staff for their time and efforts, Mr Lombardi, Ms Crossley, Mr Parsons, Mr DiPino, Mr Fitzpatrick, Ms Keating, Ms LeGall, Mr Reilly, Mr Palmer, Mr Martin and Ms Sewell for their assistance; also a big well done to the Year 9 students for their outstanding behaviour and enthusiasm for what was a great camp in 2011. Well done!

Mrs Jaimee Dawson  
**Learning Area Coordinator –  
Health & Physical Education**



**ST BRIGID'S CHURCH – MIDLAND****Fr Chrisantus Alambe**

Corner Great Eastern Highway and Morrison Road

Saturday Vigil	6:30 pm
Sunday	9:30 am and 6:00 pm
Children's Mass	9:30 am
(Every second Sunday of the month)	
Thursday Italian Mass	9:30 am
Reconciliation Saturday	11:00 am to 12 noon & 5:00 pm to 6:00 pm

**ST MICHAEL'S CHURCH – HERNE HILL****Fr Chrisantus Alambe**

Great Northern Highway, Herne Hill

Sunday	8:00 am
Children's Mass	8:00 am
(Every second Sunday of the month)	

**ST ANTHONY'S CHURCH - GREENMOUNT****Fr Adam Babinski**

96 Innamincka Road

Saturday	6:00 pm
Sunday	7:30 am, 9:00 am, 6:00 pm
Polish Mass Sunday	10:30 am
Youth Mass	6:00 pm
(First Sunday of the month)	
Reconciliation Saturday	10:00 am to 10:30 pm & 5:15 pm to 5:45 pm & any time on request

**GIDGEGANNUP COMMUNITY CHURCH –****GIDGEGANNUP****Fr Chrisantus Alambe**

Toodyay Road

First Sunday of the month 9:30 am

**GOOD SHEPHERD CHURCH - LOCKRIDGE****Fr Francis Ly**

Corner Morley Drive and Altone Road

Saturday Vigil	6:00 pm
Sunday	8:00 am, 9:30 am & 5:00 pm
Reconciliation Saturday	8:30 to 9:00 am & 5:00 pm to 6:00 pm

**SACRED HEART CHURCH - MUNDARING****Fr Philip Fleay**

18 Coolgardie Street

Saturday (Reconciliation)	9:00 am
Saturday	8:30 am
Saturday (Vigil)	6:00 pm
Sunday	9:15 am

**OUR LADY OF GOOD COUNSEL – CHIDLOW**

Wilcox Street &amp; Northam Road

Sunday (Rosary)	7:00 am
Sunday (Mass)	7:30 am
Reconciliation	7:00 am
(3 <sup>rd</sup> Sunday of each month)	

**ST JOSEPH'S CHURCH - BASSENDEAN**

Fr Son Nguyen

19 Hamilton Street

Saturday Vigil	6:30 pm
Sunday	7:00 am & 9:00 am

**ST FRANCIS OF ASSISI CHURCH – MAIDA VALE**

Corner of Hawtin &amp; Lilian Roads

Saturday Vigil	6:30 pm
Sunday	8:00 am, 9:30 am & 6:00 pm

**HOLY FAMILY CHURCH – KALAMUNDA****Fr Greg Donovan**

2 Burt Street

Saturday Vigil	6:30 pm
Sunday	7:30 am & 9:00 am
(Children's Mass)	
Reconciliation Saturday	5:45 to 6:15 pm
Italian Mass	11:00 am
(Last Sunday of the month)	

**ST MARY'S PARISH - GUILDFORD****Fr Blasco Fonseca**

James St Guildford

Saturday	6:00 pm
Sunday	8:00 am & 9:30 am

**LOCAL PARISH INFORMATION**



# CALENDAR

## WEEK 7 & 8

\* Canteen Volunteers in italics & underlined

Sun 27 Nov <b>WEEK 7</b>	Mon 28 Nov YR 10 DINNER DANCE  <i>Help required</i>	Tues 29 Nov YR 7 2012 ORIENTATION DAY  <i>Help required</i>	Wed 30 Nov   <i>Help required</i>	Thurs 1 Dec YR 10 HIS  <i>Help required</i>	Fri 2 Dec PRESENTATION NIGHT REHEARSALS NO SCHEDULED CLASSES  <i>Help required</i>	Sat 3 Dec
			YR 7 MUSIC SCHOLARSHIP AUDITIONS			
YR 7 & YR 9 EXAMS						
Sun 4 Dec <b>WEEK 8</b> PRESENTATION NIGHT PCEC 6:30PM	Mon 5 Dec YR 10 GCE EXCURSION  <i>Help required</i>	Tues 6 Dec GRADUATION BALL BURSWOOD GRAND BALLROOM 7PM  <i>Help required</i>	Wed 7 Dec   <i>Help required</i>	Thurs 8 Dec   <i>Help required</i>	Fri 9 Dec GARY VEEN CUP  <i>Help required</i>	Sat 10 Dec
			YRS 9-12 2012 MUSIC SCHOLARSHIP AUDITIONS			
2012 VET STAFF PLANNING DAY						
2012 SRC CAMP						



### CANTEEN ASSISTANCE REQUIRED

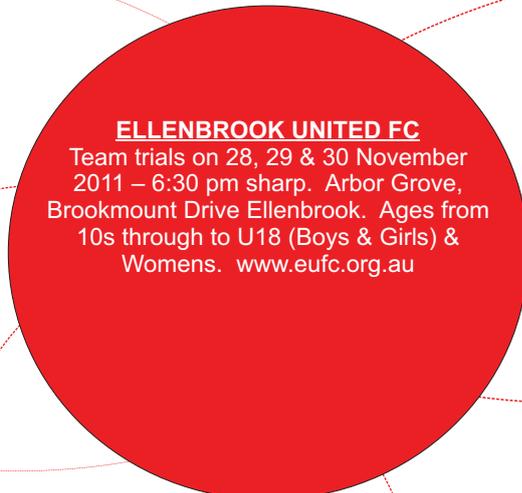
Volunteers in the Canteen are required. If you are able to assist in making lunches and stocking fridges our Canteen staff would be very grateful. No money handling necessary. If you can spare as little as an hour to help out, it will make a difference. Please contact our Canteen & Hospitality Manager, Shari Outram by phone or email [canteen@lasalle.wa.edu.au](mailto:canteen@lasalle.wa.edu.au) Thanks!



absentee line 9449 0682 (available 24 hours)



## COMMUNITY NEWS



### ELLENBROOK UNITED FC

Team trials on 28, 29 & 30 November 2011 – 6:30 pm sharp. Arbor Grove, Brookmount Drive Ellenbrook. Ages from 10s through to U18 (Boys & Girls) & Womens. [www.eufc.org.au](http://www.eufc.org.au)

### MASTER MIND AUSTRALIA – ACADEMIC PATHWAYS

JANUARY JUMP-START PROGRAMME - Study Skills- Essay Writing – Subject Revision  
This revision programme prepares students for Term 1 (2012) before the academic year begins. The classes will revise those important components from the 2011 syllabus that are vital for success in the new year. The programme will also preview what students can expect in their courses in 2012. For more information consult our website or call Dr Robert Hallam at Master Mind Australia on 9486 1377. [www.mastermindaustralia.com.au](http://www.mastermindaustralia.com.au)

### GLEN FORREST CHRISTMAS GATHERING

The organisers of the Glen Forrest Christmas gathering invite schools and local community groups to run an activity or stall at the carols, to be held on Friday 23 December at the Glen Forrest town oval. This is a great way to get your school, church, or sporting group involved in a community event, increase your profile and make some money in the process! For more information, please contact Sharon Crossman [crossmans5@bigpond.com](mailto:crossmans5@bigpond.com)

### CHRISTMAS WITH THE CHOIR

The Perth Male Voice Choir will be performing traditional songs, hymns, opera, songs from the shows and, most importantly, Christmas songs. Sunday 11 December at 2:00 pm at the Salvation Army Hall on Morrison Road in Swan View. Admission is \$15 or concession \$10. Tickets available from Lt Rosie at 0467 065 720 and Hugh at 0417 414 632 or at the door.

### SWAN DISTRICTS SPORTS CLINIC

Do you want to be treated like a super star? The Swan Districts Sports Clinic is now open for all your injury prevention and management. La Salle College students will be offered a 20% discount off your initial consultation. The clinic has a fully equipped gym and has numerous sporting services available. Contact them on 9379 2325.