

D LA SALLE COLLEGE elagram

Fortnightly newsletter



St John Baptist de La Salle

01 June 2012
Term 2 Week 6
Delagram 08



FROM THE PRINCIPAL

Mr Wayne Bull



IN THIS ISSUE

- 2 From the Senior Leadership Team Academic Excellence
- 3 Study Skills Click On
- 4 All Parents & Students
- 5 Careers Sport
- 6 Local Parish Information
- 7 Calendar Week 7 & 8 Community News

COLLEGE CAPITAL DEVELOPMENT PLAN

At its 21st May meeting the College Board endorsed our Capital Development Plan for 2012 to 2018. Subject to Catholic Education Commission approval, the College plans to undertake a major refurbishment of the administration block creating a larger Student Services area and new student sick bay. Two new performance and teaching spaces will be constructed for the Arts Learning Area, with a new staff room built on the second floor of the new Arts space. Additionally, in 2014 we hope to begin work on a new Trade Training Centre which will replace the current Design and Technology wing. I will provide regular updates on how these projects develop.

SAD NEWS

It is with great sadness that we learnt of the sudden passing of Lisa Pitt, Class of 2011. Lisa, from Port Hedland had been a boarder with us in Year 10 to 12. She was an exceptionally talented sportswoman and had a great energy and passion for everything which she undertook. Our condolences and sympathy are extended to Lisa's family. May perpetual light shine upon her and may she rest in peace.

AUSTRALIAN INDIGENOUS EDUCATION FOUNDATION (AIEF)

During the week I had the pleasure of accompanying students Liam Angus, Kelsey Condon and Keely Tucker along with Ms Karina Blurton, one of our Aboriginal Teacher Assistants, to the launch of the AIEF's annual report in Sydney. Several of our students are on scholarships provided by AIEF. Of special note was the acknowledgement of country and welcome conducted by Liam and the involvement of Synarah Murphy, Class of 2011, who was interviewed by Ray Martin on her experiences at La Salle as an AIEF scholarship holder. The dignitaries present included the former Governor General of Australia, Sir William Dean, who is the patron of the Foundation.

SENIOR SCHOOL EXAMINATIONS

Our Year 10, 11 and 12 students commence their mid-year examinations on Tuesday 5 June. Classes are suspended during this time to allow students to have the maximum opportunity to prepare for the examinations. Students who have limited examinations are expected to be involved in work experience during this period.

TRAFFIC MANAGEMENT

Thank you to all parents for your cooperation in the new arrangements for parking and drop off at the College, which are a requirement of the City of Swan. The new flow through system along La Salle Avenue appears to be working reasonably well. I would ask for your continued cooperation and patience to ensure that our students are safe and that traffic flows smoothly. Speed humps will be installed along La Salle Avenue in the next few weeks to further slow traffic in the drop-off/pick-up zone.

ACC INTER-SCHOOL CROSS COUNTRY

Our ACC Cross Country Team performed creditably at the annual carnival on Thursday with Catherine Daly from Year 7 achieving 4th place in her division. My congratulations to all of our runners and thanks to the Physical Education Staff, led by our Sports Coordinator Ben Dyer, on their preparation of the team.

VICE PRINCIPAL ON LEAVE

Rino Randazzo, our Vice Principal, has commenced some well-deserved Long Service Leave, returning to the College at the start of Term 3. In his absence, his roles will be shared among the other members of the College's Senior Leadership Team. I wish Rino a very happy and relaxing break.

PRESENTATION EVENING – 6:30 PM SUNDAY 9 DECEMBER

Please reserve this date in your diaries! The culmination of the academic year is the annual Presentation Evening. This is a compulsory event for ALL students and attendance forms part of a child's enrolment agreement with the College, signed by both parents and students. It is the one event in the whole year when the La Salle community comes together to celebrate and acknowledge outstanding effort and achievement. Once again the event will take place at the Perth Exhibition and Convention Centre.

St John Baptist de La Salle

Pray for us

Live Jesus in our hearts

Forever

Mr Wayne Bull
Principal



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From The Senior Leadership Team

COLLEGE NOTEBOOK COMPUTER STRATEGY FOR 2013

Please find attached a letter outlining the College's notebook computer strategy for 2013. I welcome any queries or feedback in regards to this. Please contact me at the College by phone or email me directly: dba@lasalle.wa.edu.au.

EXCHANGE STUDENT – HOST FAMILY REQUIRED

The College is enrolling an exchange student from France for the period: 14 June to 16 August. Nacel Australia, the exchange programme company, is seeking a host family from the La Salle community. If you are able to host the student or would like to seek further information please see the attached flyer.



Mr Danny Battistessa
Deputy Principal – Year 11 & ICT

Academic Excellence

ACADEMIC EXCELLENCE AFTERNOON TEA

During the Term 1 holidays a tribute to the high academic achievers of 2011 was erected on the outside wall of the Michael Ciccarelli Lecture Theatre in the Senior Learning Centre. This is a temporary display with student photos and achievements – it will remain there for the rest of the year.

The high achievers of 2011 were invited to a special afternoon tea to view the display and give some important study tips to our current Year 12's. High achievers will be recognised in this way in successive years, with a permanent framed photo housed inside the lecture theatre.

Congratulations to the high achievers of 2011:

Toby Muia
Alice Vella
Joshua Fanchi
Mary-Louise Carbone
Aerin Newton-Creemers
Thomas Leenders
Bob Billing
Eleanor Bottomley
James Halpin
Alexander O'Neil
Naomi Adamczyk
Michael Naughtin
Jachike Ikealumba
Jaz Cappeau
Caitlin Capes
Andrew Marchetti
Jessicah Thompson

*Congratulations to the
high achievers of
2011*

Best of luck to our current Year 12's. We hope to see your photos on the Honour Board.



**STUDY SKILLS TIP FOR MAY:
HOW STUDENTS GET THEMSELVES MOTIVATED TO DO ACADEMIC WORK**

The following is extracted from 'Regulation of Motivation: Evaluating an Underemphasized Aspect of Self-Regulated Learning' by C. Wolters. (Educational Psychologist, 2003, 38(4), pp.189-205).

1. **REWARDS:** Many students set rewards for themselves "I'll read this section then I can eat this sandwich". Some students use the opposite, punishments; they create consequences for themselves where they will deprive themselves if they do not do the work.
2. **SELF-PRAISE:** Some students find that recognising their progress to themselves and praising themselves for their efforts creates a more positive mental environment and encourages them to keep going. Comments such as "Well done, you've solved yet another problem" can help create mental stamina.
3. **GOAL-ORIENTED SELF-TALK:** Students who think about why they are studying or what possible future outcomes may be from putting in effort can also strengthen the effect of these thoughts by making sub-vocal statements while they are engaged in an academic activity. When faced with an urge to stop working they may focus on the thought of getting better marks, or getting into a particular course at university or even the satisfaction of learning a new skill or developing self-discipline.
4. **INTEREST ENHANCEMENT:** This involves looking for ways to make the task to be completed more interesting or enjoyable. Even making slight modifications to make something less boring or repetitive. One student found that by writing notes in a different style it made the activity more inspiring.
5. **ENVIRONMENTAL STRUCTURING:** This is also referred to as resource management and is all about removing temptations and creating an environment that is more conducive to studying. It may even mean studying in a different location such as a local or school library in order to stay focused on the tasks to be completed.
6. **PROXIMAL GOAL-SETTING:** Breaking larger tasks into smaller more manageable chunks will help students to feel more motivated about what needs to be done. Setting specific and achievable short-term goals with an allocated time-frame can help increase students sense of efficiency.
7. **DEFENSIVE PESSIMISM:** "I think about how unprepared I am in order to get myself to work harder". There is mixed research about this approach and the negativity involved. However every student is different and for some students making themselves a bit anxious about what they haven't done may be necessary to get them to start doing their work.
8. **EMOTIONAL CONTROL:** Thoughts produce feelings, feelings lead to actions. If we can make our thoughts and feelings more positive, this can lead to more positive actions. When students are feeling unmotivated, strategies such as taking a short amount of time to close your eyes and engage in deep slow breathing, or counting slowly backwards from 10 while thinking positive, reassuring thoughts about their abilities to do what has to be done has been found to be beneficial.



Learn more at the Developing Motivation unit of www.studyskillshandbook.com.au.
Our school's subscription details are -
Username:forlasalleonly
Password:118results

Ms Marie Noble
Academic Excellence Coordinator

And what do you want to be when you grow up?



Click On



Target that Career with a Bullseye graphic!

Relate the school subjects you like to your career path using the 'Bullseyes' graphics promoted by the Department of Education, Employment and Workplace Relations.

Go to:

<http://www.deewr.gov.au/Schooling/CareersandTransitions/CareerDevelopment/Resources/Pages/CareerBullseyeposters.aspx> and scroll down to see how your favourite subject interests balloon out into career paths.



Then go to <http://www.jobguide.deewr.gov.au> and see what training it takes to get you there!

The Department of Education, Employment and Workplace Relations has placed a world of career and training information at the end of your computer mouse. Parents, this is a great opportunity to work using ICT with your child on something that really matters to them.

Job Guide image used with permission <http://www.deewr.gov.au/Pages/Copyright.aspx>



Mrs Lindy Reger & Mr Andy Vella
Integration of ICT Across the Curriculum Coordinators



STOMP – 'SUPER HEROES & SUPER STARS'

Each year at the end of Term 2 the College holds its annual Stomp day where students dress up to a particular theme. The Student Representative Council (SRC) has decided that the theme for this year is to be 'Super Heroes and Super Stars'. The SRC paraded some costumes at the recent College Assembly to provide students with ideas on what they can wear.

On Stomp day we also have the annual Lip Sync Competition. This is when staff and students enter themselves to mime and perform to songs that are associated with our theme of 'Super Heroes and Super Stars'.

We look forward to watching the Lip Sync acts and seeing the range of costumes students choose to dress up in on the day.



YEAR 7 SRC COUNCILLORS

A notable nineteen Year 7 students nominated themselves to be on the Student Representative Council for the remainder of 2012. These students were impressive and this made our decision a very difficult one. In the end, four students were chosen to represent the Year 7's on the SRC for 2012 and they are: Juliette Borromei, Phoebe Gatsos, Samuel Hodgkin and Luke Spadano. These Year 7's were announced at the recent College Assembly and they were also congratulated by Mr Bull and presented with their badges. The SRC are excited to have these new members on board and look forward to working with them.



Ms Kylie Paskov
SRC Coordinator

FOLSC MEETING

The next Friends of La Salle College meeting will be held on **Tuesday 12 June** in the Fr Laurence Murphy SDS Senior Learning Centre at **7:00 pm**.

The meeting commences promptly with the greeting, prayer and general information.

General discussion:

- Mr Greg Maguire, an Insurance Broker will be the special guest speaker proposing an offer to the Lasallian Community.
- Parents and Friends Federation (PFF) recommendation that parents should lobby the WA Government concerning the lack of 'supply of alcohol laws to minors'.

Individual committee discussions will then commence for:

- Grounds and Maintenance
- Fundraising and Hospitality
- Boarding
- Policy and Consultation
- Parent Education

Wine and cheese will be served during the evening.

For catering and seating purposes please **RSVP by Wednesday 6 June** to Anne Lockyer at folsc@lasalle.wa.edu.au



ENTERTAINMENT BOOKS

The 2011/2012 Entertainment Book expires on 1 June so be sure to purchase your 2012/2013 Entertainment Book from the Administration Office or email folsc@lasalle.wa.edu.au

The family that purchases the most books will receive a complimentary Entertainment Book and bottle of wine from Entertainment Book Publications.



Ms Sabrina Lynsdale
**Executive Assistant
(Marketing & Public Relations)**

RELATIONSHIPS AUSTRALIA PARENTING SEMINARS

Nuts & Bolts of being a Dad (18, 25 June & 2 July)

Whether you're a fulltime dad, separated dad, sole parent, stepfather, granddad or simply the most significant bloke in a child's life, you're invited to come along and explore parenting in four fun weekly sessions. This three-week course is for all men interested in strengthening their relationship with their children, as well as understanding their vital role in their child's life. You'll be free to share your experiences and ideas in a respectful and friendly environment and discuss.

Mums raising teenage boys (Tuesday 24 July)

However well-prepared mothers are logically, the emotional response to having a boy is often still, 'Wow! This is unknown territory.' It is true that for many mothers, the idea of raising a son carries its own set of worries.

As the primary female role model in a boy's life, mothers play an important role in the development of their son's identity including their ability to be nurturing. For teenage boys in particular, this ongoing relationship with their mothers has long term implications. This in turn affects how they relate to others, particularly to girls and women.

For further information on these seminars please ring Relationships Australia on 9489 6322.

UWA CAMPUS CHALLENGE

The University of WA Campus Challenge aims to provide Year 11 and 12 students with the opportunity to experience different aspects of university life through participation in academic, recreational and social activities on campus. This is a 3 day programme that runs from 9 – 11 July and enrolments will be accepted until 15 June 2012. For a copy of the application form please go to Knowledge Bank in SIMON or contact the Careers Centre.



The University of Notre Dame is holding a Course Information Evening on Monday 18 June, 5:30 pm courses expo, 6:00 pm presentation in Tannock Hall of Education, on the corner of Cliff and Croke Street, Fremantle – follow the signs along Mouat Street. This evening is an ideal opportunity to speak with University staff and gather the most up-to-date information on courses, alternative pathways and admission into Notre Dame. Please go to www.nd.edu.au or contact 9433 0533 for more information. Parking available off Croke Street.

UNIVERSITY OF NOTRE DAME AUSTRALIA – YEAR 12 STUDENTS ONLY

The University of Notre Dame Australia will be offering a July school holiday programme for current Year 12 students. The course, Learning Skills will be offered in the week of 16 July with daily classes from 9:30 am – 1:30 pm. The target group for this course is students who are likely to enter university through an alternative entry pathway, such as Notre Dame's bridging courses – the Tertiary Enabling Programme or Foundation Year. The course will be of interest to students completing stage 1 courses.

The course will focus on skills of benefit to all students, including:

- Effective study techniques
- Organisational skills
- Use of study groups
- Reading and writing skills for university work.

The week would simulate the life of a university student. Participants pay \$165 for the course which is presented by experienced university staff.

To enrol, complete the flyer located on Simon under University. Please note payment is required by Monday 25 June 2012.

SIR CHARLES GAIRDNER HOSPITAL (SCGH) – INFORMATION SESSION

SCGH is holding Information sessions on Occupational Therapy (OT) for those looking for a career choice in Health. Session Dates:

Thursday 19 July 2:00 pm to 3:30 pm
Thursday 4 October 2:00 pm to 3:30 pm

For more information please contact Brooke Russell (OT 'G' Block) on 9346 2855 or email brooke.russell@health.wa.gov.au.

MOTOR INDUSTRY TRAINING ASSOCIATION OPEN DAY

The Motor Industry Training Association Open Day is on Saturday 16 June from 9:00 am to 1:00 pm at the Joondalup Campus (Institute of Automotive Training) at the corner of Joondalup Drive and Injune Way. Come try a trade and enjoy a free sausage sizzle and drink. Tour times are: 9:15, 9:45, 10:15, 10:45, 11:15, 11:45 am and 12:15 pm. This is your chance to experience working on motor vehicles, mechanical, spray painting and panel beating.



Mrs Nicole Huggins
Careers & VET Coordinator

SPORT

La Salle College 53rd

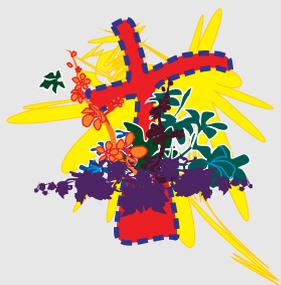
Junior Inter-House Athletics Carnival Friday 8 June

Years 7, 8 and 9 Ern Clark Athletics Centre Wharf St, Cannington
10:00 am – 2:00 pm (Senior Carnival – Thurs 28 June)



Mr Ben Dyer- Sport Coordinator

The programme for the carnival is attached to the Delagram.



Local Parish Information

ST BRIGID'S CHURCH – MIDLAND

Fr Chrisantus Alambe

Corner Great Eastern Highway and Morrison Road

Saturday Vigil	6:30 pm
Sunday	9:30 am and 6:00 pm
Children's Mass	9:30 am
(Every second Sunday of the month)	
Thursday Italian Mass	9:30 am
Reconciliation Saturday	11:00 am to 12 noon & 5:00 pm to 6:00 pm

ST MICHAEL'S CHURCH – HERNE HILL

Fr Chrisantus Alambe

Great Northern Highway, Herne Hill

Sunday	8:00 am
Children's Mass	8:00 am
(Every second Sunday of the month)	

ST ANTHONY'S CHURCH - GREENMOUNT

Fr Adam Babinski

96 Innamincka Road

Saturday	6:00 pm
Sunday	7:30 am, 9:00 am, 6:00 pm
Polish Mass Sunday	10:30 am
Youth Mass	6:00 pm
(First Sunday of the month)	
Reconciliation Saturday	10:00 am to 10:30 pm & 5:15 pm to 5:45 pm & any time on request

GIDGEGANNUP COMMUNITY CHURCH – GIDGEGANNUP

Fr Chrisantus Alambe

Toodyay Road

First Sunday of the month 9:30 am

GOOD SHEPHERD CHURCH - LOCKRIDGE

Fr Francis Ly

Corner Morley Drive and Altone Road

Saturday Vigil	6:00 pm
Sunday	8:00 am, 9:30 am & 5:00 pm
Reconciliation Saturday	8:30 to 9:00 am & 5:00 pm to 6:00 pm

SACRED HEART CHURCH - MUNDARING

Fr Philip Fleay

18 Coolgardie Street

Saturday (Reconciliation)	9:00 am
Saturday	8:30 am
Saturday (Vigil)	6:00 pm
Sunday	9:15 am

OUR LADY OF GOOD COUNSEL – CHIDLOW

Fr Philip Fleay

Wilcox Street & Northam Road

Sunday (Rosary)	7:00 am
Sunday (Mass)	7:30 am
Reconciliation	7:00 am
(3 rd Sunday of each month)	

ST JOSEPH'S CHURCH - BASSENDEAN

Fr Son Kim Nguyen

19 Hamilton Street

Saturday Vigil	6:30 pm
Sunday	7:00 am & 9:00 am

ST FRANCIS OF ASSISI CHURCH – MAIDA VALE

Fr Elver Delicano

Corner of Hawtin & Lilian Roads

Saturday Vigil	6:30 pm
Sunday	8:00 am, 9:30 am & 6:00 pm

HOLY FAMILY CHURCH – KALAMUNDA

Fr Greg Donovan

2 Burt Street

Saturday Vigil	6:30 pm
Sunday	7:30 am & 9:00 am
(Children's Mass)	
Reconciliation Saturday	5:45 to 6:15 pm
Italian Mass	11:00 am
(Last Sunday of the month)	

ST MARY'S PARISH - GUILDFORD

Fr Blasco Fonseca

James St Guildford

Saturday	6:00 pm
Sunday	8:00 am & 9:30 am



"Keep on knocking and the door will be opened to you"



CALENDAR

Canteen Volunteers are in italics and underlined.

WEEK 7 & 8



absentee line 9449 0682
(available 24 hours)



CHARGE
your laptop/
notebook
every night!

Sun 3 June WEEK 7	Mon 4 June FOUNDATION DAY PUBLIC HOLIDAY	Tues 5 June YR 9 TOUCHING HEARTS CONCLUDES	Wed 6 June ABORIGINAL EDUCATION EXCURSION <i><u>E Keune</u></i>	Thurs 7 June YR 9 ITALIAN EXCURSION TO NORTHBRIDGE	Fri 8 June YRS 7 – 9 INTER-HOUSE ATHLETICS CARNIVAL	Sat 9 June
YRS 10 - 12 EXAMS						

Sun 9 June WEEK 8	Mon 10 June <i><u>S Bramley</u></i>	Tues 11 June FOLSC MEETING 7PM <i><u>C Woodward</u></i>	Wed 12 June <i><u>L Manso</u></i>	Thurs 13 June	Fri 14 June PARA SOCCER	Sat 15 June
YRS 10 - 12 EXAMS						
YR 12 WPL 1C/D MOCK INTERVIEWS						
YR 10 CGEA WORK EXPERIENCE						

COMMUNITY NEWS

LA SALLE COLLEGE 20 YEAR REUNION

20 year reunion for graduating class of 1992 at 8:00 pm on Saturday 3 November at Defectors Bar (above Flying Scotsman), 639 Beaufort Street, Mount Lawley. Details on Facebook: La Salle Class of '92 20 year reunion. RSVP to: yvettekeys@bigpond.com

MORTGAGE HELP

Contact Lynette Smoje, an Aussie Mortgage Advisor who assists people with their financing needs. You can expect premium customer service that will enable you to find the best products that suits your present and future needs. She will donate \$100 to the Lasallian Foundation for every loan application that gets to settlement. Contact her on: 9274 7208, 0433 840 908, fax 08 9274 7209 or email lynette.smoje@aussie.com.au

CATHOLICS CORNER

Visit Catholic Corner at Shop 12, 64-66 Bannister Road, Canning Vale on Monday to Fridays from 9:00 am to 5:00 pm or Saturdays from 9:00 am to 1:00 pm for bibles, books, medals, crosses, rosary beads, statues, baptism and communion clothing. Phone 9456 1777.